



Training Resources for the Implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Below are suggested online and face-to-face training options for individual providers and organizations interested in implementing SBIRT with young people. These trainings include an introduction to evidence-based screening tools and instruction in [motivational interviewing](#) – the core strategy used with the SBIRT approach. Several of these trainings also provide implementation coaching and support.

Online Training Options

[Introduction to SBIRT for Adolescents](#)

Provided by: Institute for Research, Education and Training in Addictions (IRETA)
Format: Interactive self-paced modules, including videos and quizzes.
Content: Provides practitioners with the skills necessary to identify and address the needs of young individuals using alcohol or other drugs in a risky manner.
Cost: Free

[SBIRT Core Training Activity](#)

Provided by: Clinical Tools, Inc. Addiction Training Group
Format: Four interactive modules, including three simulated cases and quizzes.
Content: The course addresses how brief and effective screening for substance use problems can improve patient outcomes and offers strategies for planning and arranging substance use disorder treatment referral.
Cost: \$50 per person. Group rates available.

[Screening and Brief Intervention Skills Practice & Assessment](#)

Provided by: Kognito and NORC at the University of Chicago
Format: Conversation Simulation
Content: Prepares health professionals to screen young patients for substance use, conduct brief interventions using evidence-based principles of motivational interviewing, and, when necessary, refer patients to further support.
Cost: There is a fee associated with this online tool. [Contact Kognito](#) to request a quote.

[SBIRT Oregon Training Curriculum](#)

Provided by: Oregon's SAMHSA-funded SBIRT initiative, located at the Department of Family Medicine, Oregon Health and Science University
Format: Contains twelve modules that include videos and downloadable role-play exercises.

Community Catalyst works to ensure consumer interests are represented wherever important decisions about health and the health system are made: in communities, courtrooms, statehouses and on Capitol Hill.

www.communitycatalyst.org

Content: Provides a comprehensive overview of SBIRT and the skills necessary to use the SBIRT approach. This course focuses primarily on adults, but contains one module on adolescents.

Cost: Free

SBIRT 101 Webinars

Provided by: Institute for Research, Education and Training in Addictions (IRETA)

Format: Self-paced online course comprised of three webinars.

Content: This is an introductory course designed to give participants an understanding of SBIRT and its components. The three sections of this course include: Introduction to SBIRT and Guide to Screening; Overview of Motivational Interviewing as Used in Brief Interventions; and Referral to Treatment for Drug and Alcohol.

Cost: Free

Face-to-Face Training

IRETA's Customized In-Person SBIRT Training

Provided by: Institute for Research, Education and Training in Addictions (IRETA)

Content: IRETA offers a variety of trainings that can equip organizations to plan and implement SBIRT with young people. Specific training content is customized to the organization's needs.

Cost: There is a fee associated with some face-to-face trainings. Contact [Holly Hagle](#) for pricing information.

MASBIRT Training for Individuals and Organizations

Provided by: Massachusetts Screening, Brief Intervention, and Referral to Treatment Training and Technical Assistance (MASBIRT)

Content: Includes skill-building for providers and technical assistance and consultation to organizations interested in incorporating SBIRT services. Specific training content is customized to the organization's needs.

Cost: MASBIRT provides training to some Massachusetts providers through a contract with the Massachusetts Bureau of Substance Abuse Services. MASBIRT also offers trainings to other organizations in and outside of Massachusetts for a fee.

BNI-ART SBIRT Training and Consultation

Provided by: BNI-ART Institute at Boston University School of Public Health

Content: Trainings range from brief, introductory lectures on SBIRT to intensive, multi-day courses that include supervised practice with real patients. The trainings differ in their length and material to best match the organization's needs.

Cost: \$300 for introductory lecture, \$1,500 for 4-hour workshop, and \$750 per person for 2-day intensive practitioner training.